

St. Alexander Church

Twenty-Third Sunday in Ordinary Time
September 8, 2024

The Palos Catholic



23RD SUNDAY IN ORDINARY TIME

And people brought to him a deaf man who had a speech impediment and begged him to lay his hand on him. He took him off by himself away from the crowd. He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, "Ephphatha!"
 —that is, "Be opened!"
 - Mk 7:32-34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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St. Alexander Parish Administration Directory

Parish Administrative Center

7025 W. 126th St., Palos Heights, IL 60463

Phone: 708-448-4861

Fax: 708-448-0039

Pastor: Rev. Martin Michniewicz ext. 227
 Associate Pastor: Rev. Colm Mitchell ext. 223
 Deacons: Jim Horton, Michael Ciciura, Fran Pendergast
 Director Parish Home & Health Ministry: Jim Horton ext. 232
 Operations Manager: Paula Somers ext. 233
 Director of Music: Matthew Berardi ext. 224
 Youth Minister: Tyler Ried—708- 448-6624
 Athletic Director Michael Kennedy
 Parish E-Mail: alchurch1@comcast.net
 St. Alexander on the Web: www.stalexanderpalos.org

St. Alexander School

7025 W. 126th St., Palos Heights, IL 60463

Phone: 708-448-0408 Fax: 708-448-5947

Principal: Sharon O'Toole

Administrative Assistant: Mary Ann Pellicore

School Web: www.stalexanderschool.com

School E-Mail: info@stalexanderschool.com

Religious Education Office

7025 W. 126th St. Palos Heights, IL 60463

Phone: 708-448-6624

Coordinator of Religious Education: Tyler Ried

Religious Ed. E-Mail: tried@archchicago.org

Knights of Columbus: 708-448-4861 ext. 400

Knight of Columbus on the Web: www.kofc14057.org

Spreading the Holy Fire

Celebrating Christ Risen from the Dead through the 7 Sacraments

SACRAMENTS OF INITIATION

BAPTISM

Celebration of Entrance into Christ's Church

You should be a registered parishioner of St. Alexander, or willing to register and join our Faith Community. Relatives of St. Alexander parishioners are also welcome.

At least one Godparent must be a practicing Catholic. The other must be a Christian. Parents must register for a class on Baptism **BEFORE** your baby is baptized. Archdiocesan required classes are held once a month, usually on the first Tuesday of the month, and facilitated by trained parishioners.

Baptism contact Joan DeVito 448-4861 ext. 237

CONFIRMATION

Celebration of the Gifts of the Holy Spirit

This Sacrament is normally celebrated in 8th Grade and is a 2 year program of preparation.

Confirmation Contacts:

Tyler Ried - Religious Education 448-6624

Sharon O'Toole - School 448-0408

The Archdiocese also offers classes for adults wishing to receive Confirmation. **Adult Confirmation Contact -**

Fr. Martin Michniewicz 448-4861

RCIA *Celebration of the Rites of Christian Initiation of Adults*

This process is for adults who would like to join the Roman Catholic Church and have never been Baptized, or were Baptized in another Christian denomination. There is also a process for children (RCIC) and teens (RCIT).

RCIA/RCIC/RCIT contact - Fr. Martin Michniewicz 448-4861

EUCHARIST

Celebration of Sharing Fully at Christ's Altar of Sacrifice & Communion with Jesus and His Church

Eucharistic Liturgy (Mass)

Sunday Vigil: 5:00 PM (Saturday)

Sunday: 7:30, 9:30, 11:30 AM, & 6:00 PM

Monday through Friday: 8:30 AM

Saturday Morning: 8:00 AM

First Saturday Devotions after 8:00 AM Mass

Holy Day: 8:30 AM & 7:00 PM

Evening of Healing Prayer and Eucharistic Adoration

On the 1st Saturday of the month

4:30 PM - Recitation of the Rosary

5:00 PM - Regular Vigil Mass for Sunday

5:45 PM - Eucharistic Adoration
for one hour of quiet prayer

SACRAMENTS OF HEALING

ANOINTING OF THE SICK

Celebration of God's Restorative Love & Forgiveness

Sacrament offers strength to the living. If someone becomes seriously ill, please call the Parish Administrative Center. Ministers of Care are available to bring Holy Communion and/or visit with the sick and homebound.

Also every 1st Saturday after the 5:00 PM Mass

RECONCILIATION

Celebration of God's Forgiveness through Personal Confession

Saturday Morning: 8:30 AM (until all are heard)

Saturday Evening: after the 5:00 PM Mass

Other Times by Appointment

SACRAMENTS OF COMMITMENT

MATRIMONY

Celebration of God's Blessings on the Loving Union between Man and Woman

Please call the Parish Administration Center at least 4 months in advance of your wedding. Pre-Cana for engaged couples is required by the Archdiocese.

Matrimony Contact:

Fr. Martin Michniewicz or Fr Colm Mitchell 708-448-4861

HOLY ORDERS

Celebration of Ordained Service to the Church

The three offices of the Sacrament of Holy Orders are bishop, priest and deacon. All three are conferred by the sacramental act called "ordination."

Priesthood Contact - Fr. Michniewicz 448-4861 ext. 227

Fr. Colm Mitchell 448-4861 ext. 223

Archdiocese of Chicago Vocation Director:

Rev. Timothy Monahan 312-534-8298



FROM OUR PASTOR

Dear Parishioners,

Wednesday, September 11th, we remember that twenty-three years ago our great nation was attacked by terrorists. Many fine Americans lost their lives as the twin towers were destroyed, the Pentagon damaged, and another plane crashed in Pennsylvania. America was attacked by cowardly fanatics because we stand for liberty, justice, freedom, equality, freedom of religion, democracy, and many more human rights. As a nation we continue to mourn the loss of loved ones who perished that day including those responders who sacrificed their lives attempting to save others. Let us keep in our prayers those who died and those families and friends who mourn the loss of loved ones.

Let us also pray for those in the military, police, firemen and all who work to protect this great nation. We must continue to pray for peace in the world and an end to terrorism. May we hope and pray that the United States will continue to be a beacon of light to the world bringing the love of Christ to all that long for peace and unity.

Please remember our St. Alexander Athletic Association Golf Outing will be held on Friday, September 20th at Waters Edge Golf Club. Spread the word to your family and friends and try to put a foursome together. Turn to page twelve for more information on the outing and how to register.

After celebrating Labor Day we realize this summer is soon coming to an end. As we enter the autumn season many of us are frustrated, angry, burned out, lonely and are experiencing many different feelings and worries. How do we deal with the stresses and strains of our lives during these difficult times? How do we deal with people who intrude upon our space and our peacefulness? What do we do when faced with chaos? Do we turn outwardly in anger or do we turn inwardly to find the peace of God? We truly need to be in touch with our feelings. We need to say we are angry, confused, bewildered, empty, or whatever. We also need to get in touch with what grounds us as a whole human being.

Centering or focusing ourselves on God is one way to find peace in the midst of turmoil. It takes a little time to get centered and focused and it takes time to get in touch with God. Let us all make sure that we take time and find the peace of God within ourselves. There are many ways to achieve this peace of God, and the best way to do this is through daily prayer, reflection, and celebrating Mass in our beautiful church.

God Bless,
Father Marty



LEGACY PLANNING

Please prayerfully consider remembering our parish when you update your estate plans. These gifts help us to build a solid foundation for the Catholic formation of future generations.

Prepare or update your will or trust today by contacting an attorney. For sample bequest language, contact Fr. Marty at 708-448-4861.



**Wedding
Banns**

III Patricia Lyons & Danny Blake

MERCY HOME SUNDAY MASS
9:30AM on WGN-TV Channel 9

WORD OF LIFE

“We pray to you, O Lord, that we always recognize each member of this human family as being made in your image and beloved by you, with worth and dignity.”

—USCCB, “Prayer to Heal Racial Division”

Home Bound or Ill?

If you, or someone you know, are unable to attend Mass and would like to receive communion in their home, please call either Deacon Jim Horton or Deacon Fran Pendergast at 708-448-4861.



Sacrament of Communion



READINGS FOR THE WEEK
September 9-15, 2024

- Monday: 1 Cor 5:1-8/Ps 5:5-6, 7, 12/Lk 6:6-11
- Tuesday: 1 Cor 6:1-11/Ps 149:1b-2, 3-4, 5-6a and 9b/Lk 6:12-19
- Wednesday: 1 Cor 7:25-31/Ps 45:11-12, 14-15, 16-17/Lk 6:20-26
- Thursday: 1 Cor 8:1b-7, 11-13/Ps 139:1b-3, 13-14ab, 23-24/Lk 6:27-38
- Friday: 1 Cor 9:16-19, 22b-27/Ps 84:3, 4, 5-6, 12/Lk 6:39-42
- Saturday: Nm 21:4b-9/Ps 78:1bc-2, 34-35, 36-37, 38/Phil 2:6-11/Jn 3:13-17
- Sunday: Is 50:4c-9a/Ps 116:1-2, 3-4, 5-6, 8-9 (9)/Jas 2:14-18/Mk 8:27-35

SCRIPTURE REFLECTION



One of the most touching YouTube videos I’ve ever seen is one in which a deaf woman receives new technology to heal her hearing. She hears her husband’s voice for the first time — and her own, too — and bursts into tears of overwhelming joy. It must have been like an immovable wall between her and her loved ones came tumbling down.

We are all like this woman, to some degree. We believe in the presence of God’s love, but we can’t hear Him. We can’t speak well about Him. The deaf man who can’t speak properly in the Gospel today is an image of what God wants us to experience again and again. Jesus takes the man aside to a private place away from the crowd, touches his ears and tongue, and says, “Ephphata!” The man’s ears are opened, and he speaks clearly. Contact with Christ has this effect on us. This experience happens to us in our baptism, almost exactly. It happens to us in the liturgy. It happens in our private prayer. It happens when we hear the voice of God in our conscience. The more we engage these privileged channels of Jesus’ healing, the more we are empowered to hear and speak of the presence of God’s perfect love.

— Father John Muir

Today’s Readings: Is 35:4-7a/Ps 146:7, 8-9, 9-10 (1B)/Jas 2:1-5/Mk 7:31-37



Prayers
FOR HEALING

Prayers of the Faithful for the Sick

As the faith family of St. Alexander, we unite with one another to pray for those who need healing of their body, mind or spirit. Confident that God hears the voices of those who trust in the Lord Jesus, we join in prayer for:

- | | |
|-----------------|------------------|
| Tatiana Ranftl | Dale Yukich |
| Maggie Campbell | Lisa Krisik |
| Eileen Long | Jan Klinger |
| Patrick Juarez | James DeFranco |
| Carolyn Lowery | Linda Bagniewski |
| Pat Jones | |

If you or anyone in your family would like to be added to our *Prayers of the Faithful for the Sick* please contact the Parish Administrative Office by noon on Friday.

WELCOME!

We extend a warm welcome to all our guests and visitors who have graced us with their presence at today's liturgy. We hope that you feel at home here; please let us know if we can be of any assistance while you are with us.

St. Al's Over 50 Fellowship

Monthly Meeting
Thursday, September 19th
Parish Lounge — 11:30AM

(use lounge doors on the south end of building)

Our guest speaker
will be
Barb Chwierut



Barb is a parishioner, a club member and a licensed Food for Life Instructor through Physicians Committee for Responsible Medicine. She will discuss the benefits of a plant-based lifestyle in preventing or even reversing many chronic diseases.



KNIGHTS OF COLUMBUS
ST. THEODORE GUERIN
COUNCIL #14057

Meeting: Wednesday, Sept. 11th
7:00 PM - Parish Lounge

If you are interested in helping those in need, serving your parish, and growing in your faith, then the Knights of Columbus is the organization for you. For membership information please call Deacon Fran Pendergast at 708-448-4861 or visit kofc14057.org for membership info.



E-Giving Made Easy

If you would like to make a one-time electronic donation, please scan this bar code.



Scroll down to "One -Time Gifts" and enter the amount and type of payment. It's that simple!



Society of St. Vincent de Paul & Knights of Columbus FOOD COLLECTION

Please donate to our ongoing food collection for St. Blase. Donations should be placed on the bench across from the SAVE room. Thank you for your generosity!

NO EXPIRED FOOD PLEASE!

COMMUNION MINISTERS

Saturday, September 14th

5:00 PM— Maureen Balich, Mary Ceebin,
Joan DeVito

Sunday, September 15th

7:30 AM— Nancy Foster, Ed Sobczak,
Betty Chwierut

9:30 AM— Nancy Dougherty, Carol Schuemann,
Wendy Loftus

11:30 AM— Paul Sullivan, Jeff & Ofelia Foreman

6:00 PM— Michael Collins



READERS

Saturday, September 14th

5:00 PM— Linda Buchanan

Sunday, September 15th

7:30 AM— Mark Foster, Mary Dombrowski

9:30 AM— Ron Cruz, Debbie Myron

11:30 AM— Donovan/Rodriguez

6:00 PM— James Clark



We're in need of Communion Ministers and Readers for Saturday evening and Sunday Masses. Volunteer as often or as little as you can. Training will be provided. If interested, please contact Joan in the parish office at 708-448-4861. Thank you!



ST. ALEXANDER SCHOOL HAPPENINGS



BACK TO SCHOOL!





ST. ALEXANDER SCHOOL HAPPENINGS



Fr. Mitchell visited each classroom to bless the students and pray for a good school year





The Intellectual Disabilities or "Tootsie Roll" Fund Drive is one of the most recognizable activities that the Knights of Columbus do. The funds generated from this drive are used to support local programs which help people with special learning and life needs.

The Knights will be collecting on local street corners the weekend of September 13, 14, and 15, 2024. But, you can also donate online using this QR code. Just point the camera of your smart phone to the code to open up our donation web page.



You can also use your computer. Just open up your web browser and type the address:
www.kofc14057.org/id

ABOUT THE KNIGHTS OF COLUMBUS

Founded in 1882 by a parish priest in Connecticut, the Knights of Columbus now has 2.1 million members worldwide with nearly 17 thousand local councils. Last year alone, more than 92 thousand men joined in one of the best years of growth in a century.

Last year, Knights spent more than 47 million hours serving and sacrificing for the sake of others, and set a new record for charitable giving. All told, the Knights of Columbus donated more than \$190 million to those in need. After 14 years the Coats for Kids program has reached the million coat milestone. The Knights provided over one million dollars in disaster relief last year, responding to each crisis with immediate action.

St. Theodore Guerin Council 14057 of the Knights of Columbus was established at St. Alexander Church in Palos Heights in 2006.

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4. Enjoy and share with others in our local community!



**SAVE THE DATES
FOR BUNDLE
WEEKEND**

**St. Alexander Parish
Friday, Saturday & Sunday
October 4th, 5th, & 6th**



The app for your Catholic journey

Do you attend Mass regularly, but crave something more? Using the new Pilgrimage app, you can journey through Scripture with friends, and your group. Your group will have access to a message board, which enables you to ask questions, start discussions, share content and connect with fellow group members, all from within the app. Learn more: www.pilgrimage.americanbible.org/

PRAY FOR OUR



St. Alexander Parish lists the names of active military of parishioners and their family members in our weekly bulletin. We keep them in our thoughts and prayers as they protect our country and freedom.

If you have a relative who is an active member in the United States Military and would like them listed in the bulletin, contact Nancy at the Parish Office, 448-4861. Please inform us if the service person listed is no longer active in the military at home or abroad.

Our Knights of Columbus Council #14057 would like to offer military families Blue Star Banners. If you would like to receive a Blue Star Banner, please call the Parish Office at 708-448-4861.

Our Members in the Military

Scott Golich - U.S. Navy	Robert Brennan - U.S. Army
Stephen LaPiana - U.S. Army	Scott Milcarek - U.S. Army
Matthew Brennan - U.S. Air Force	Charles Berglund - U.S. Marines
Andrew Nissen - U.S. Marines	Patrick Pratl - U.S. Navy
Shannon Lungaro - U.S. Navy	Andrew Cleland - U.S. Army
Alan Filipiak - U.S. Navy	John Hoban III - U.S. Army
A. Amanda Cleland - U.S. Air Force	Mark Filipiak - U.S. Marines
Joshua Bramlett U.S. Navy	Steven Lungaro - U.S. Navy
Amanda Brennan - U.S. Army	Matthew Bramlett - U.S. Navy
Kyle Hite - U.S. Army	David Lindstrom - National Guard
Gino Albergo - U.S. Army	Daniel Weakley - U.S. Navy
James M. Bilder - U.S. Army	Stephen Vossler - U.S. Navy
Nicholas Wineman - U.S. Marines	Vito Barraco - U.S. Army
Kate Ridsen - U.S. Navy	Ryan Grant - U.S. Army
Kevin Lewis - U.S. Navy	Nicholas Crot - U.S. Marines
Michael Lindstrom - U.S. Army	Jose Sanchez - U.S. Army
Ryan Graeber - U.S. Marines	Ben St. Aubin - U. S. Navy
Mary Kate Wetzel - U.S. Marines	Hunter Leschman - U.S. Navy
Chloe Van Witzenburg - U.S. Army	Cody Goldman - National Guard
Hanna Van Witzenburg - U.S. Army	Cameron Smentek - U.S. Army
Isaac & Veronika Baines - U.S. Navy	Judith Hite - U.S. Army
Michael D. Faloon - National Guard	Jake Soukup - U.S. Army
Conor Knapp - U.S. Army	

**SAINIT
ALEXANDER
RELIGIOUS
EDUCATION**

Register now!!!

**CLASSES START SEPT 16TH
MONDAYS 5:30-7:00 PM
GRADES: KINDERGARTEN - 8TH**

**CONTACT:
TYLER RIED
(708) 448-6624 (OFFICE)
TRIED@ARCHCHICAGO.ORG**

St. Alexander Athletic Association Presents The 2024 St. Alexander Golf Outing

**Water's Edge Golf Club
Friday, September 20th, 2024**

**1pm shotgun start
\$175.00 per player**

**All pertinent information including: reservations
and payment for golf, please visit the website
<https://birdease.com/Raiders> or
use QR Code below**

Sponsorship Opportunities also available via website



**Includes: 18 holes of golf, lunch at the turn, unlimited
beverages on the course, 2-hour open bar and pizza after golf**



For more information, please contact:

**Joe Livigni:
LivigniJoe1@gmail.com
(708) 296-2175**

**Brian Enright:
BEnright4@yahoo.com
(773) 398-4656**

St. Alexander 8th Grade MUM Sale



We are excited to announce we will be selling MUMS again this year! They come in 9 inch pot with full 16-18 inch blooms. Order now to guarantee the color you want. Please return your forms with cash or check to the school office or the Parish Center. Order forms are available in the Narthex of church or in the school E-Envelope.

Orders will be due by September 20th. Pre-ordered Flowers will be available for pick-up Friday, September 27th from 1:00-4:00 pm or Monday, September 30th from 7:30 –9:00 am. We will also have cash and carry flowers available in the church parking lot Monday September 30th from 7:30-9:00am

COLOR	QUANTITY	PRICE \$15.00 EACH
Red/Maroon		
Yellow		
White		
Pink		
Purple		
Orange		
	TOTAL:	TOTAL: \$

Name: _____ **Email:** _____

Phone #: _____

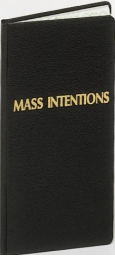



SUNDAY SALE HOURS
10:15-11:30AM

SAVE orders may also be brought to the Parish Administrative Center. Orders dropped off by 5:00PM on Wednesday are available for pick-up Thursday after Noon at the PAC. They may also be picked up during sale hours in the SAVE room on Sunday.

MASS ANNOUNCEMENTS

If any parish ministry or organization would like to have an announcement made at Mass we ask that you please have the information to the office by noon on Friday. This allows us to compile the books we need for weekend liturgies by the end of Friday. Also, please limit announcements to one or two sentences.



MASS INTENTIONS

Please visit, or call, the parish office if you would like to have a Mass intention for 2024 or 2025. Please note that Mass intentions are not just for the deceased but for anyone you would like to include in prayer.






Palos Heights Farmers Market
Wednesdays 8am-1pm
May 8-October 9
12217 S. Harlem Ave

GET OUR WEEKLY BULLETIN EMAILED TO YOU!

Subscribe to ParishesOnline.com to get a link to our weekly parish bulletin delivered straight to your inbox! Visit parishesonline.com and search for our parish to get started today. It's fast, easy and free!



DOMESTIC VIOLENCE OUTREACH
— ARCHDIOCESE of CHICAGO —
AWARENESS—SERVICES—PREVENTION
www.domesticviolenceoutreach.org
For Information call 708-215-5418

Find Support At Our Caregiver Resource Center

Untrained, informal family caregivers usually get the job unexpectedly. Caregivers of all ages are appointed the role by family or friends for a myriad of reasons: medical emergencies, sudden onset of a chronic illness, unanticipated issues related to aging or other scenarios.

The Caregiver Resource Center (CRC) at Pathlights can help. It links caregivers to training and education opportunities, emotional and financial support and resources to improve their lives and the lives of those they are caring for — all free of charge and many services are for people at all income and asset levels

The Center offers:

- Respite that gives caregivers a break from their day-to-day duties for self-care.
- Nutritious meals delivered to the home for older adults who are unable to manage meal preparation and those with limited or no access to food.
- Information and assistance regarding availability and eligibility requirements of government programs and support; TCARE assessments to identify areas causing distress and recommend personalized interventions like respite and support groups to prevent burnout); and one-on-one individualized conversations to discuss challenges related to caregiving.

Support groups such as our new “Early-Stage Memory Loss” support group beginning in June; “Stress-Busting Program for Family Caregivers” for caregivers of those experiencing memory loss; “Grandparents and Other Relatives Raising Children” and Memory Cafes, monthly meet ups for people experiencing memory loss and their caregivers to engage with others in similar situations and participate in music, art therapy and other special programs.

Mass Intentions For The Week



TWENTY-THIRD SUNDAY IN ORDINARY TIME SEPTEMBER 8, 2024

Saturday, September 7th

5:00 PM— Rosemary McGee
Nancy Tarka
Dolores Gorski
Lori Czech
Eleanore & Ken Reilly
Joseph Rathnau Family
Raymond Peckler

Sunday, September 8th

7:30 AM— Joe Macey
Aggie Palmer
Jack Maher
Thomas Chwierut
Catherine Hoban

9:30 AM— Brian Cadore
Donna M. & Joseph A. Feldner, SGM
Loren Feldner, DDS
Margaret Cunningham
Raymond & Marion Hunt

11:30 AM— For the Parishioners
John Svabek
Art & Lorraine Wittbrodt
Barbara Chirollo
Michael & Carol Kelnosky—50th Wedding Anniversary

6:00 PM— Special Intention

Monday, September 9th (*St. Peter Claver*)

8:30 AM— Tom & Kathleen Walsh
Joseph G. Olsewski
Colleen J. Nix

Tuesday, September 10th

8:30 AM— Michael Hanley
Mary Kate Graff
Colleen J. Nix
Joseph Rathnau

Wednesday, September 11th

8:30 AM— Jean DeVito
John Lahey
Colleen J. Nix

Thursday, September 12th (*The Most Holy Name of Mary*)

8:30 AM— Colleen J. Nix
Chester A. Dybowski
John Pusateri—11th Anniversary
Lori Czech
Joseph Rathnau

Friday, September 13th (*St. John Chrysostom*)

8:30 AM— Daniel Dunne
James Donovan
Colleen J. Nix

Saturday, September 14th (*The Exaltation of the Holy Cross*)

8:00 AM— Colleen J. Nix
Irene Stachnic—12th Anniversary

3:00 PM— Wedding: Patricia Lyons & Danny Blake

TWENTY-FOURTH SUNDAY IN ORDINARY TIME SEPTEMBER 15, 2024

Saturday, September 14th

5:00 PM— Francis Pendergast Jr.
James Schrier
Cynthia Best
Elaine Marie Cotton
Raymond Peckler

Sunday, September 15th

7:30 AM— Judy McCarthy
Poor Souls in Purgatory
Aggie Palmer
Colleen J. Nix
Thomas Chwierut
Johanna Hoban
Kurt Kucan

9:30 AM— Donna M. & Joseph A. Feldner, SGM
Loren Feldner, DDS
Richard Antkiewicz
Dan Bagniewski
Peter & Francis Feldner
Marion & Raymond Hunt

11:30 AM— Thomas & Dorothy Kozlowski—62nd Anniv.
Marie Hohmer
Allie Thoma
Patrick Hanlon

6:00 PM— For the Parishioners

Thanksgiving after Mass

Prayer to the Blessed Virgin Mary

O Mary, Virgin and Mother most holy,
behold, I have received your most dear Son,
whom you conceived in your immaculate
womb, brought forth, nursed and
embraced most tenderly.
Behold him at whose sight you used to
rejoice and be filled with all delight:
him, whom, humbly and lovingly,
once again I present and offer him to you
to be clasped in your arms, to be loved
by your heart, and to be offered up
to the Most Holy Trinity
as the supreme worship of adoration,
for your own honor and glory and
for my needs and for those of the whole world.
I ask you therefore, most loving Mother:
entreat for me the forgiveness of all my sin
and, in abundant measure, the grace
of serving him in the future more faithfully,
and at last, final grace,
so that with you I may praise him
for all the ages of ages.
Amen.