

St. Alexander Church

Thirteenth Sunday in Ordinary Time
July 7, 2024

The Palos Catholic



14TH SUNDAY IN ORDINARY TIME

When the sabbath came
he began to teach in the
synagogue, and many who
heard him were astonished.
- Mk 6:2

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

St. Alexander Parish Administration Directory

Parish Administrative Center

7025 W. 126th St. Palos Heights, IL 60463

Phone: 708-448-4861

Fax: 708-448-0039

Pastor: Rev. Martin Michniewicz ext. 227

Associate Pastor: Rev. Colm Mitchell ext. 223

Deacons: Jim Horton, Michael Ciciura, Fran Pendergast

Director Parish Home & Health Ministry: Jim Horton ext. 232

Operations Manager: Paula Somers ext. 233

Director of Music: Matthew Berardi ext. 224

Youth Minister: Tyler Ried—708- 448-6624

Athletic Director Michael Kennedy

Parish E-Mail: alchurch1@comcast.net

St. Alexander on the Web: www.stalexanderpalos.org

St. Alexander School

7025 W. 126th S. Palos Heights, IL 60463

Phone: 708-448-0408 Fax: 708-448-5947

Principal: Sharon O'Toole

Administrative Assistant: Mary Ann Pellicore

School Web: www.stalexanderschool.com

School E-Mail: info@stalexanderschool.com

Religious Education Office

7025 W. 126th St. Palos Heights, IL 60463

Phone: 708-448-6624

Coordinator of Religious Education: Tyler Ried

Religious Ed. E-Mail: tried@archchicago.org

Knights of Columbus: 708-448-4861 ext. 400

Knight of Columbus on the Web: www.kofc14057.org

Spreading the Holy Fire

Celebrating Christ Risen from the Dead through the 7 Sacraments

SACRAMENTS OF INITIATION

BAPTISM

Celebration of Entrance into Christ's Church

You should be a registered parishioner of St. Alexander, or willing to register and join our Faith Community. Relatives of St. Alexander parishioners are also welcome.

At least one Godparent must be a practicing Catholic. The other must be a Christian. Parents must register for a class on Baptism **BEFORE** your baby is baptized. Archdiocesan required classes are held once a month, usually on the first Tuesday of the month, and facilitated by trained parishioners.

Baptism contact Joan DeVito 448-4861 ext. 237

CONFIRMATION

Celebration of the Gifts of the Holy Spirit

This Sacrament is normally celebrated in 8th Grade and is a 2 year program of preparation.

Confirmation Contacts:

Tyler Ried - Religious Education 448-6624

Sharon O'Toole - School 448-0408

The Archdiocese also offers classes for adults wishing to receive Confirmation. **Adult Confirmation Contact -**

Fr. Martin Michniewicz 448-4861

RCIA *Celebration of the Rites of Christian Initiation of Adults*

This process is for adults who would like to join the Roman Catholic Church and have never been Baptized, or were Baptized in another Christian denomination. There is also a process for children (RCIC) and teens (RCIT).

RCIA/RCIC/RCIT contact - Fr. Martin Michniewicz 448-4861

EUCCHARIST

Celebration of Sharing Fully at Christ's Altar of Sacrifice & Communion with Jesus and His Church

Eucharistic Liturgy (Mass)

Sunday Vigil: 5:00 PM (Saturday)

Sunday: 7:30, 9:30, 11:30 AM, & 6:00 PM

Monday through Friday: 8:30 AM

Saturday Morning: 8:00 AM

First Saturday Devotions after 8:00 AM Mass

Holy Day: 8:30 AM & 7:00 PM

Evening of Healing Prayer and Eucharistic Adoration

On the 1st Saturday of the month

4:30 PM - Recitation of the Rosary

5:00 PM - Regular Vigil Mass for Sunday

5:45 PM - Eucharistic Adoration
for one hour of quiet prayer

SACRAMENTS OF HEALING

ANOINTING OF THE SICK

Celebration of God's Restorative Love & Forgiveness

Sacrament offers strength to the living. If someone becomes seriously ill, please call the Parish Administrative Center. Ministers of Care are available to bring Holy Communion and/or visit with the sick and homebound.

Also every 1st Saturday after the 5:00 PM Mass

RECONCILIATION

Celebration of God's Forgiveness through Personal Confession

Saturday Morning: 8:30 AM (until all are heard)

Saturday Evening: after the 5:00 PM Mass

Other Times by Appointment

SACRAMENTS OF COMMITMENT

MATRIMONY

Celebration of God's Blessings on the Loving Union between Man and Woman

Please call the Parish Administration Center at least 4 months in advance of your wedding. Pre-Cana for engaged couples is required by the Archdiocese.

Matrimony Contact:

Fr. Martin Michniewicz or Fr Colm Mitchell 708-448-4861

HOLY ORDERS

Celebration of Ordained Service to the Church

The three offices of the Sacrament of Holy Orders are bishop, priest and deacon. All three are conferred by the sacramental act called "ordination."

Priesthood Contact - Fr. Michniewicz 448-4861 ext. 227

Fr. Colm Mitchell 448-4861 ext. 223

Archdiocese of Chicago Vocation Director:

Rev. Timothy Monahan 312-534-8298



FROM OUR PASTOR

Dear Parishioners,

The heat of the summer is upon us. Unfortunately with the heat of the summer, Sunday Mass attendance does have a tendency to drop off a bit. Some of this is due to summer vacations and some is due to the attitude that one can take a “vacation” from church. Please remember and remind parishioners and children throughout the year that we should all gather each week as a community to worship our Lord, give thanks and appreciate the fact we are one unified community striving to live the life of the Gospel. We are a strong, faith-based parish at St. Alexander and we need to worship each and every Sunday. As we evangelize to others it is vital that we support our parish and one another.

If you are away for the weekend or on an extended vacation, please find a local Catholic church and worship there. Check out the notice on this page for apps you can download. If you are unable to attend Mass at St. Alexander’s, I ask that you please remember to drop your missed Sunday envelopes in the next collection basket, drop them at the parish office, or in the mail.

Please remember Palos Hospital does not have a full-time priest chaplain on staff. They have employed various priests to celebrate daily and weekend Masses which are televised into patient rooms. Although one or two part-time retired priests are occasionally ministering in the hospital they are not always available or present. If you plan on going to the hospital for surgery or another medical procedure and would like to receive the Sacrament of the Anointing of the Sick please call the parish office and ask for Fr. Colm Mitchell or myself. We will be more than glad to come to your house or you can come to the Parish Administrative Center and we can celebrate the Sacrament at that time. Also, we are available to anoint you after any weekday or Sunday Mass. Please remember that the Anointing of the Sick also takes place after the 5:00 evening Mass on the first Saturday of the month at the First Saturday Devotions and Individual Prayer Opportunity. Also, we are more than willing to also anoint our parishioners at Palos Hospital. Unfortunately the chaplains from hospice do not always inform us when somebody is ill and needs to be anointed. Many still think the sacrament is the Last Rites. For many years it has been the Sacrament of the Anointing of the Sick. It is much more meaningful for the person to be anointed if they are conscious and aware that they are receiving the Sacrament of Healing from our Lord. Once again, please do not hesitate to call us at St. Alexander if you or a loved one would like to receive this beautiful sacrament.

God Bless,
Father Marty

GET OUR WEEKLY BULLETIN EMAILED TO YOU!

Subscribe to ParishesOnline.com
to get a link to our weekly parish bulletin
delivered straight to your inbox!
Visit parishesonline.com and search
for our parish to get started today.
It’s fast, easy and free!

Contact the parish office at 708-448-4861 if you
would like a Mass intention for 2024 or 2025.

MASS TIMES WHILE OUT OF TOWN

Free apps available: Catholic Mass Times Church Directory and Mass Times for Travel. Or visit mass-times.org and findaparish.com.



**Wedding
Banns**

III Caitlin O’Hare & Mike Byrne

GOD BE IN MY HEAD

God be in my head, and in my understanding;
 God be in my eyes, and in my looking;
 God be in my mouth, and in my speaking;
 God be in my heart, and in my thinking;
 God be at my end, and at my departing.

WORD OF LIFE

If you or someone you know has had an abortion, be assured that it is never too late to seek God’s forgiveness in the Sacrament of Reconciliation. Additionally, other confidential, compassionate help is available. Select “Find Help” from the menu on www.hopeafterabortion.org to find the diocesan Project Rachel Ministry near you.

—USCCB Secretariat of Pro-Life Activities



**READINGS FOR THE WEEK
July 8-14, 2024**

- Monday: Hos 2:16, 17c-18, 21-22/Ps 145:2-3, 4-5, 6-7, 8-9/Mt 9:18-26
- Tuesday: Hos 8:4-7, 11-13/Ps 115:3-4, 5-6, 7ab-8, 9-10/Mt 9:32-38
- Wednesday: Hos 10:1-3, 7-8, 12/Ps 105:2-3, 4-5, 6-7/Mt 10:1-7
- Thursday: Hos 11:1-4, 8e-9/Ps 80:2ac and 3b, 15-16/Mt 10:7-15
- Friday: Hos 14:2-10/Ps 51:3-4, 8-9, 12-13, 14 and 17/Mt 10:16-23
- Saturday: Is 6:1-8/Ps 93:1ab, 1cd-2, 5/Mt 10:24-33
- Sunday: Am 7:12-15/Ps 85:9-10, 11-12, 13-14 (8)/Eph 1:3-14 or 1:3-10/Mk 6:7-13

**SCRIPTURE
REFLECTION**



Recently I watched a bunch of YouTube videos on how to optimize willpower in the face of weakness. The message was: do not accept your weakness. Crush it. Dominate it. In one video, however, at the end of a rant by a willpower coach, the muscular stoic admitted, “You’ll never actually get what you want, no matter how hard you try.” Amazingly, he admitted that willpower alone is not sufficient for us weak-willed humans.

What does God want us to do with our weaknesses, if crushing them with willpower won’t work? For example, what should I do with my tendency to arrogance and self-isolation? Or my procrastination? Or my intellectual and physical limitations? Or my selfishness?

The counter-intuitive answer is clear in this week’s words from St Paul, “I will rather boast most gladly of my weaknesses in order that the power of Christ may dwell in me (2 Cor. 12:9).” Boast of our weaknesses? Paul isn’t promoting weak-mindedness or laziness. Rather, he perceives that Jesus loves us not despite our weaknesses but because of them. Boasting of our weakness means claiming human will is not all we have. It means turning to God whenever we feel weak, which—let’s face it—is almost all the time. When we do, we learn to love our weaknesses, because it’s there that we meet the strength of Christ. This week, I challenge us to find ways to boast not in willpower but in weakness.

— Father John Muir

Today’s Readings: Ez 2:2-5/Ps 123:1-2, 2, 3-4 (2cd)/2 Cor 12:7-10/Mk 6:1-6a



**Prayers of the Faithful
for the Sick**

Prayers
FOR HEALING

As the faith family of St. Alexander, we unite with one another to pray for those who need healing of their body, mind or spirit. Confident that God hears the voices of those who trust in the Lord Jesus, we join in prayer for:

- | | |
|-----------------|-----------------------|
| Tatiana Ranftl | Dale Yukich |
| Maggie Campbell | Lisa Krisik |
| Eileen Long | Dorothy Rafferty |
| Ken Toth | Tim McGuire |
| Kathleen Mannix | Fran Paynton Levickas |

If you or anyone in your family would like to be added to our *Prayers of the Faithful for the Sick* please contact the Parish Administrative Office by noon on Friday.

LEGACY PLANNING

Please prayerfully consider remembering our parish when you update your estate plans. These gifts help us to build a solid foundation for the Catholic formation of future generations. Prepare or update your will or trust today by contacting an attorney. For sample bequest language, contact Fr. Marty at 708-448-4861.



**Society of St. Vincent de Paul & Knights of Columbus
FOOD COLLECTION**

Please donate to our ongoing food collection for St. Blase. Donations should be placed on the bench across from the SAVE room. Thank you for your generosity!
NO EXPIRED FOOD PLEASE!

Prayer to the Blessed Virgin Mary

O most blessed Virgin Mary,
Mother of tenderness and mercy,
I, an unworthy sinner,
fly to you with all the affection of my heart
and I beseech your motherly love,
that, as you stood by your most dear Son,
while he hung on the Cross,
while he hung on the Cross,
so in your kindness,
you may be pleased to stand by me, a poor sinner,
and all Priests who today are offering the Sacrifice
here and throughout the entire holy Church,
so that with your gracious help
we may offer a worthy and acceptable oblation
in the sight of the most high and undivided Trinity.
Amen.



E-Giving Made Easy

If you would like to make a one-time electronic donation, please scan this bar code.



Scroll down to "One -Time Gifts" and enter the amount and type of payment. It's that simple!



Many of you may take advantage of the convenience of electronic giving to our parish and we are grateful for that. For those of you who have yet to join us in giving online, we strongly encourage you to do so. Here's why:

Faith Direct enables parishioners to make your Church contributions through either direct debit from your checking/savings account or through your credit/debit card. No more writing checks or searching for envelopes on the way out the door. Now you can apply the convenience of direct debit to your parish offerings in much the same way as you may now use it to make your mortgage, car or tuition payments.

Faith Direct also offers you personalized offertory cards to replace your envelopes for the collection basket. **To cancel your monthly envelopes, please notify the parish office at 708-448-4861. This is not done automatically when signing up for electronic giving.**

Please visit www.faithdirect.net to enroll securely online. Or, download the Faith Direct app onto your smartphone. Our parish code is **IL910**.

COMMUNION MINISTERS



Saturday, July 13th

5:00 PM— Rosemary Dziuba, Joan DeVito, Steve Lukasik

Sunday, July 14th

7:30 AM— Nancy Foster, Mary Dombrowski, Betty Chwierut

9:30 AM— Guido Cadore, John & Caroline Kelbowski

11:30 AM— Paul Sullivan, Joan Obiala, Val Thoma

6:00 PM— Michael Collins

READERS



Saturday, July 13th

5:00 PM— Linda Horton, Bill Rogers

Sunday, July 14th

7:30 AM— Paula Somers, Mark Foster

9:30 AM— Melissa Duckett, Linda Buchanan

11:30 AM— Mary Ann Klimek

6:00 PM— James Clark



SUPPORT THE WORKS OF THE HOLY FATHER THROUGH THE

Peter's Pence Collection

Thank you for your generous support of last week's Peter's Pence Collection! Our contributions will join those from our brothers and sisters worldwide to help Pope Francis in his ministry to the Universal Church, including relief to people in need and support for the Holy See. If you missed the collection, it's not too late to give. Please visit www.usccb.org/peters-pence.



KNIGHTS OF COLUMBUS ST. THEODORE GUERIN COUNCIL #14057

**Meeting: Wednesday, July, 10th
7:00 PM - Parish Lounge**

If you are interested in helping those in need, serving your parish, and growing in your faith, then the Knights of Columbus is the organization for you. For membership information please call Deacon Fran Pendergast at 708-448-4861 or visit kofc14057.org for membership info.



SUNDAY 10:15-11:30AM

SAVE orders may also be brought to the Parish Administrative Center.

Orders dropped off by 5:00PM on Wednesday are available for pick-up Thursday after Noon at the PAC. They may also be picked up during sale hours in the SAVE room on Sunday.

If any parish ministry or organization would like to have an announcement made at Mass we ask that you please have the information to the office by noon on Friday. This allows us to compile the books we need for weekend liturgies by the end of Friday. Also, please limit announcements to one or two sentences.



Are you curious about the Catholic Faith?

If any of these reasons apply, RCIA might be exactly what you're looking for!

(RCIA means The Rite of Christian Initiation for Adults)

1. You're marrying a Catholic. *(Sharing and practicing your faith together is a great foundation for married life.)*
2. You're already married to a Catholic and your children are being raised Catholic. *(It's natural to want to feel a closer bond by sharing in the sacraments with family.)*
3. Your children are learning about the Catholic faith. *(You'd like to learn more about this faith tradition, still unsure if you'd like to become a Catholic..)*
4. You've lived in a "Catholic world" all your life, so people assume you are already Catholic. *(You'd like to find out if you are closer than you think in mind and heart.)*
5. You don't know much about Catholicism, but a friend or neighbor has inspired you to learn more. **(With no strings attached, this is a wonderful way to check things out.)**
6. You have experienced personal loss or family struggles. *(You are seeking ways to deepen your spiritual life by exploring the Catholic faith tradition.)*

You don't know why, but you feel something urging you to the Catholic Church. *(It's probably the Holy Spirit.)*

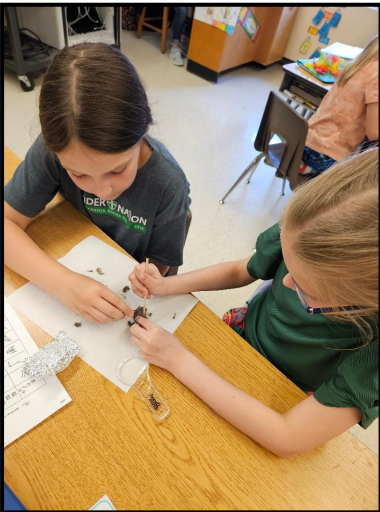
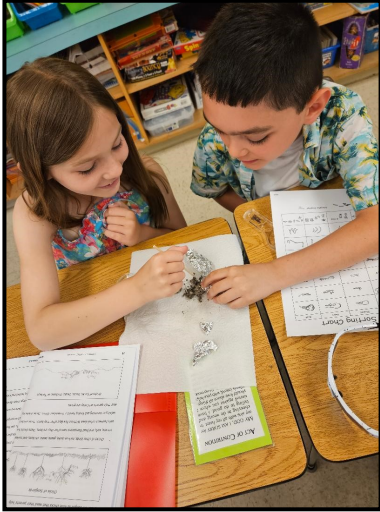
Our RCIA sessions begin in September. If you are interested in joining us, contact Fr. Marty at the parish office (708) 448-4861 or Deacon Mike at mciciura@archchicago.org



ST. ALEXANDER SCHOOL HAPPENINGS



2nd grade dissected owl pellets in class. They found bones, teeth, and fur of the owl's dinner.



Bone Sorting Chart

	Rodents	Sirens	Males	Birds
Skulls				
Mandibles (Teeth)				
Scapula (Shoulder blades)				
Humerus, Radius, & Ulna (Front legs)				
Palms (Feet)				
Femur, Fibula, & Tibia (Rear legs)				
Assorted Pills				
Assorted vertebrae				

Caterpillar larvae and cocoons:

Caterpillar droppings:





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1. Visit formed.org/signup
2. Enter our parish zip or name
3. Enter your name and email
4. Enjoy and share with others in our local community!

SAVE THE DATE!
2024 St. Alexander Golf Outing
Waters Edge Golf Club
Friday, September 20th



PRAY FOR OUR

MILITARY

St. Alexander Parish lists the names of active military of parishioners and their family members in our weekly bulletin. We keep them in our thoughts and prayers as they protect our country and freedom.

If you have a relative who is an active member in the United States Military and would like them listed in the bulletin, contact Nancy at the Parish Office, 448-4861. Please inform us if the service person listed is no longer active in the military at home or abroad.

Our Knights of Columbus Council #14057 would like to offer military families Blue Star Banners. If you would like to receive a Blue Star Banner, please call the Parish Office at 708-448-4861.

Our Members in the Military


- | | |
|-------------------------------------|----------------------------------|
| Scott Golich - U.S. Navy | Robert Brennan - U.S. Army |
| Stephen LaPiana - U.S. Army | Scott Milcarek - U.S. Army |
| Matthew Brennan - U.S. Air Force | Charles Berglund - U.S. Marines |
| Andrew Nissen - U.S. Marines | Patrick Pratl - U.S. Navy |
| Shannon Lungaro - U.S. Navy | Andrew Cleland - U.S. Army |
| Alan Filipiak - U.S. Navy | John Hoban III - U.S. Army |
| A. Amanda Cleland - U.S. Air Force | Mark Filipiak - U.S. Marines |
| Joshua Bramlett U.S. Navy | Steven Lungaro - U.S. Navy |
| Amanda Brennan - U.S. Army | Matthew Bramlett - U.S. Navy |
| Kyle Hite - U.S. Army | David Lindstrom - National Guard |
| Gino Albergo - U.S. Army | Daniel Weakley - U.S. Navy |
| James M. Bilder - U.S. Army | Stephen Vossler - U.S. Navy |
| Nicholas Wineman - U.S. Marines | Vito Barraco - U.S. Army |
| Kate Ridsen - U.S. Navy | Ryan Grant - U.S. Army |
| Kevin Lewis - U.S. Navy | Nicholas Crot - U.S. Marines |
| Michael Lindstrom - U.S. Army | Jose Sanchez - U.S. Army |
| Ryan Graeber - U.S. Marines | Ben St. Aubin - U. S. Navy |
| Mary Kate Wetzel - U.S. Marines | Hunter Leschman - U.S. Navy |
| Chloe Van Witzenburg - U.S. Army | Cody Goldman - National Guard |
| Hanna Van Witzenburg - U.S. Army | Cameron Smentek - U.S. Army |
| Isaac & Veronika Baines - U.S. Navy | Judith Hite - U.S. Army |
| Michael D. Faloon - National Guard | Jake Soukup - U.S. Army |
| Conor Knapp - U.S. Army | |



Palos Heights Farmers Market
 Wednesdays 8am-1pm
 May 8-October 9
 12217 S. Harlem Ave


palos heights PARKS & RECREATION
 PALOS HEIGHTS FARMERS MARKET
 LINK Up Illinois A Program of experimental station
 LEGACY INSURANCE ENTERPRISES
 Northwestern Medicine
 palos Pediatric Dentistry, PC Richard Facko, DDS, MS

Home Bound or Ill?
 If you, or someone you know, are unable to attend Mass and would like to receive communion in their home, please call either Deacon Jim Horton or Deacon Fran Pendergast at 708-448-4861.



Sacrament of Communion

MERCY HOME SUNDAY MASS
 9:30AM on WGN-TV Channel 9



DOMESTIC VIOLENCE OUTREACH
 — ARCHDIOCESE of CHICAGO —
 AWARENESS—SERVICES—PREVENTION
www.domesticviolenceoutreach.org
 For Information call 708-215-5418

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**FOURTEENTH SUNDAY IN ORDINARY TIME
JULY 7, 2024**

Saturday, July 6th

5:00 PM— Nancy Tarka
Francis Pendergast Jr.
Karen Czaplicki

Sunday, July 7th

7:30 AM— Aggie Palmer
Vincent & Mary Hoban
Colleen J. Nix
9:30 AM— Catherine Greaney
Donna M. & Joseph A. Feldner, SGM
Loren Feldner, DDS
Meg Feldner
Tommy Grady
11:30 AM— John Svabek
George Lombard
Barbara Delaney
6:00 PM— For the Parishioners

Monday, July 8th

8:30 AM— Daniel Dunne
Joe McDonnell
Colleen J. Nix
Kathleen Jurgens—Special Intention
Young Family—Special Intention

Tuesday, July 9th (*St. Augustine Zhao Rong, and Companions, Martyrs*)

8:30 AM— Arcangela Petrosino
Frank E. Narel
Cathy Little Smith
Tom & Kathleen Walsh
Mary Kate Graff
Colleen J. Nix

Wednesday, July 10th

8:30 AM— Lisa Gaughan
Dan Dunne
Joan Marie Hayes
Colleen J. Nix

Thursday, July 11th (*St. Benedict*)

8:30 AM— Fr. John Crosby—23rd Anniversary
Robert Ellsworth
Colleen J. Nix
Lori Czech

Friday, July 12th

8:30 AM— Fr. George McKenna
Robert Cruz
Steven P. Follenweider
Colleen J. Nix

Saturday, July 13th (*St. Henry*)

8:00 AM— Art & Lorraine Wittbrodt
Martin Hurson
Colleen J. Nix

**FIFTEENTH SUNDAY IN ORDINARY TIME
JULY 14, 2024**

Saturday, July 13th

5:00 PM— For the Parishioners
Robert & Dolores Gorski
Billy Gorski
Melissa Russell
Larry & Beverly Rountree—50th Wedding
Anniversary

Sunday, July 14th

7:30 AM— Poor Souls in Purgatory
Aggie Palmer
Catherine Hoban
Jack Maher
Colleen J. Nix
9:30 AM— Brian Cadore
Betty Jean Conroy
Donna M. & Joseph A. Feldner, SGM
Loren Feldner, DDS
Walter & Mary Smith
John Beatty
Jeanne Schoenke
11:30 AM— Wilson Family
Barbara Delaney
Bob Thoma
6:00 PM— Fr. Edward J. Cronin



***Opportunity for
Spiritual Direction***

Christian Spiritual Direction is an ancient spiritual discipline that is a way of companioning people as they seek to look closely, through the eyes of their heart, at the guidance and transforming work of God in their lives. Direction is given by one believer to another and helps the seeker to respond to the Holy Spirit's communication by living out this relationship with God. The focus of this type of spiritual direction is on experience, not ideas, and specifically on the religious dimension of experience.

Moreover, experiences are viewed as an expression of the ongoing personal relationship God has established with each one of us. The director is considered a gentle guide in this process. Spiritual direction meetings take place once a month in a one on one setting. Prayer, silence, and listening are used to assist the seeker in discerning the movement of the Holy Spirit in their lives. All conversations take place in strict confidentiality.

**If you are interested in getting more details about
or using Spiritual Direction ministry, please contact
Deacon Mike Ciciura at 630-243-9342
or mciciura@archchicago.org**