

St. Alexander Church

The Most Holy Body & Blood of Christ
June 22, 2025

The Palos Catholic



THE MOST HOLY BODY AND BLOOD OF CHRIST

Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets. - Lk 9:16-17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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St. Alexander Parish Administration Directory

Parish Administrative Center

7025 W. 126th St., Palos Heights, IL 60463

Phone: 708-448-4861

Pastor: Rev. Martin Michniewicz ext. 227
Associate Pastor: Rev. Colm Mitchell ext. 223
Deacons: Jim Horton, Michael Ciciura, Fran Pendergast
Director Parish Home & Health Ministry: Jim Horton ext. 232
Operations Manager: Paula Somers ext. 233
Director of Music: Matthew Berardi ext. 224
Youth Minister: Tyler Ried—708- 448-6624
Athletic Director Michael Kennedy
Parish E-Mail: alchurch1@comcast.net
St. Alexander on the Web: www.stalexanderpalos.org

St. Alexander School

7025 W. 126th St., Palos Heights, IL 60463

Phone: 708-448-0408 Fax: 708-448-5947

Principal: Sharon O'Toole
Administrative Assistant: Mary Ann Pellicore
School Web: www.stalexanderschool.com
School E-Mail: info@stalexanderschool.com

Religious Education Office

7025 W. 126th St. Palos Heights, IL 60463

Phone: 708-448-6624

Coordinator of Religious Education: Tyler Ried
Religious Ed. E-Mail: tried@archchicago.org
Knights of Columbus: 708-448-4861 ext. 400
Knight of Columbus on the Web: www.kofc14057.org

Spreading the Holy Fire

Celebrating Christ Risen from the Dead through the 7 Sacraments

SACRAMENTS OF INITIATION

BAPTISM

Celebration of Entrance into Christ's Church

You should be a registered parishioner of St. Alexander, or willing to register and join our Faith Community. Relatives of St. Alexander parishioners are also welcome.

At least one Godparent must be a practicing Catholic. The other must be a Christian. Parents must register for a class on Baptism **BEFORE** your baby is baptized. Archdiocesan required classes are held once a month, usually on the first Tuesday of the month, and facilitated by trained parishioners.

Baptism contact Joan DeVito 448-4861 ext. 237

CONFIRMATION

Celebration of the Gifts of the Holy Spirit

This Sacrament is normally celebrated in 8th Grade and is a 2 year program of preparation.

Confirmation Contacts:

Tyler Ried - Religious Education 448-6624

Sharon O'Toole - School 448-0408

The Archdiocese also offers classes for adults wishing to receive Confirmation. **Adult Confirmation Contact -**

Fr. Martin Michniewicz 448-4861

OCIA *Celebration of the Order of Christian Initiation of Adults*

This process is for adults who would like to join the Roman Catholic Church and have never been Baptized, or were Baptized in another Christian denomination. There is also a process for children (OCIC) and teens (OCIT).

OCIA/OCIC/OCIT contact - Fr. Martin Michniewicz 448-4861

EUCCHARIST

Celebration of Sharing Fully at Christ's Altar of Sacrifice & Communion with Jesus and His Church

Eucharistic Liturgy (Mass)

Sunday Vigil: 5:00 PM (Saturday)

Sunday: 7:30, 9:30, 11:30 AM, & 6:00 PM

Monday through Friday: 8:30 AM

Saturday Morning: 8:00 AM

First Saturday Devotions after 8:00 AM Mass

Holy Day: 8:30 AM & 7:00 PM

Holy Hour with Exposition and Benediction of the Blessed Sacrament

On the 1st Wednesday of the month

6:00-7:00PM in the Church

SACRAMENTS OF HEALING

ANOINTING OF THE SICK

Celebration of God's Restorative Love & Forgiveness

Sacrament offers strength to the living. If someone becomes seriously ill, please call the Parish Administrative Center. Ministers of Care are available to bring Holy Communion and/or visit with the sick and homebound.

Also every 1st Saturday after the 5:00 PM Mass

RECONCILIATION

Celebration of God's Forgiveness through Personal Confession

Saturday Morning: 8:30 AM (until all are heard)

Saturday Evening: after the 5:00 PM Mass

Other Times by Appointment

SACRAMENTS OF COMMITMENT

MATRIMONY

Celebration of God's Blessings on the Loving Union between Man and Woman

Please call the Parish Administration Center at least 4 months in advance of your wedding. Pre-Cana for engaged couples is required by the Archdiocese.

Matrimony Contact:

Fr. Martin Michniewicz or Fr Colm Mitchell 708-448-4861

HOLY ORDERS

Celebration of Ordained Service to the Church

The three offices of the Sacrament of Holy Orders are bishop, priest and deacon. All three are conferred by the sacramental act called "ordination."

Priesthood Contact - Fr. Michniewicz 448-4861 ext. 227

Fr. Colm Mitchell 448-4861 ext. 223

Archdiocese of Chicago Vocation Director:

Rev. Timothy Monahan 312-534-8298



FROM OUR PASTOR

Dear Parishioners,

On this special Sunday we celebrate The Feast of The Most Holy Body and Blood of Christ, also known as Corpus Christi. The center of our faith is the Eucharist, the food that nourishes our body, soul, and mind. At the last supper Jesus instituted this special sacrament so our Lord would always be within us to guide and give us strength. We, as Catholics, believe in Real Presence, that the bread and wine on our altar of sacrifice truly become the body and blood of Jesus. This is one of the great mysteries of our faith which we know to be true and absolute. As we receive daily nourishment through foods we buy at various grocery stores, we know that the spiritual nourishment we receive in the gift of the Most Holy Eucharist is even more vital for our eternal salvation.

As I write this bulletin article on June 17th the conflict between Israel and Iran continues. Many lives are being lost and families and property destroyed. My brothers and sisters let's make sure each and every day we pray for peace not only in the Middle East but also in Ukraine, Africa, and other areas of our world. We as Catholics know that Jesus is the Prince of Peace and our Blessed Mother is the Queen of Peace. Pray that world leaders will be guided by their holy and eternal example of love and respect for all people. When conflicts breakout we as human beings have the tendency to take sides in these violent disputes between nations. Let us remember that we as Christians and Catholics are called to always be on the side of a true lasting peace rooted in the Gospel. This begins with prayer and we being peacemakers to one another in our daily lives. We must set the example for others. As the song goes "Let there be peace on earth, and let it begin with me".

God Bless,
Father Marty

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ST. ALEXANDER DOMESTIC VIOLENCE MINISTRY

The mission of the Domestic Violence Ministry of St. Alexander Parish is to raise awareness of domestic violence in our parish; to promote the development and delivery of services in our community; and to advocate for the prevention of domestic violence through education and parish activities.

If you need help contact:

- National DV Hotline: 1-800-799-SAFE (7233)
- Illinois DV Helpline: 1-877-TOENDDV (1-877-863-6338)
- Crisis Center for South Suburbia: 1-708-429-SAFE (7233)

Prayer to Begin the Day

Lord God, may everything we do begin
with your inspiration and continue with your
help, so that all of our work today will bring us
closer to you. Guide us in our work today,
that we may do it not for ourselves alone,
but for the common good of all.
We ask this in your name. Amen.
—Used with permission of Villanova University.



PRAY FOR THOSE SOON TO BE MARRIED

III Catherine Wildner & Daniel Walsh



We ask you to remember and pray for the souls of
the faithful departed. May they forever rest in the
Lord's peace. We especially pray for:

Patricia LaBelle, mother of Brett



READINGS FOR THE WEEK June 23-29, 2025

Monday: Gn 12:1-9/Ps 33:12-13, 18-19, 20 and 22/
Mt 7:1-5
Tuesday: Vigil: Jer 1:4-10/Ps 71:1-2, 3-4a, 5-6ab,
15ab and 17/1 Pt 1:8-12/Lk 1:5-17
Day: Is 49:1-6/Ps 139:1b-3, 13-14ab,
14c-15/Acts 13:22-26/Lk 1:57-66, 80
Wednesday: Gn 15:1-12, 17-18/Ps 105:1-2, 3-4, 6-7,
8-9/Mt 7:15-20
Thursday: Gn 16:1-12, 15-16 or 16:6b-12, 15-16/
Ps 106:1b-2, 3-4a, 4b-5/Mt 7:21-29
Friday: Ez 34:11-16/Ps 23:1-3a, 3b-4, 5, 6 (1)/
Rom 5:5b-11/Lk 15:3-7
Saturday: Gn 18:1-15/Lk 1:46-47, 48-49, 50 and 53,
54-55/Mt 8:5-17
Sunday: Vigil: Acts 3:1-10/Ps 19:2-3, 4-5/
Gal 1:11-20/Jn 21:15-19
Day: Acts 12:1-11/Ps 34:2-3, 4-5, 6-7,
8-9/2 Tm 4:6-8, 17-18/Mt 16:13-19

SCRIPTURE REFLECTION



A Catholic friend of mine occasionally says, "The Eucharist is not a noun. It's a verb." In so saying, he is making the point that the Eucharist isn't simply Jesus' bodily presence given to us in holy Communion. It also manifests the dynamic pattern by which Christ actively loves and saves us. He teaches us to cooperate with that pattern. This Eucharist actually embodies four verbs: Jesus takes, blesses, breaks, and gives. Let's consider each one.

He takes: Do we acknowledge that we are totally in God's hands? Do we receive everything in our lives as a gift, and act responsibly with it?

He blesses: Do we actively reflect that Jesus makes us holy in our baptism? Do we embrace our bodies and souls as temples of God, worthy of love, peace, and joy?

He breaks: Do we run from failure and disappointment, from getting old or being ignored? Are we too worried about getting hurt or sick? Do we embrace our sufferings with confidence?

He gives: Are we willing to make our lives a gift for others? Are we confident that we will always have enough love to give to others, that God will always provide enough for us? Do we rejoice in giving away what we have to others, expecting nothing in return? This is the dynamic life the Eucharist empowers us to live.

— Father John Muir

Today's Readings: Gn 14:18-20/Ps 110:1, 2, 3, 4
(4b)/1 Cor 11:23-26/Lk 9:11b-17



Prayers
FOR HEALING

Prayers of the Faithful for the Sick

As the faith family of St. Alexander, we unite with one another to pray for those who need healing of their body, mind or spirit. Confident that God hears the voices of those who trust in the Lord Jesus, we join in prayer for:

Dale Yukich	Lisa Krisik
Carole Holding	Bob Redman
Shauna Regan	Molly Flynn
Paul Lunter	Laurie Walters
Mary Egan	

If you or anyone in your family would like to be added to our *Prayers of the Faithful for the Sick* please contact the Parish Administrative Office by noon on Friday.

WELCOME TO ST. ALEXANDER!

We extend a warm welcome to all our guests and visitors who have graced us with their presence at today's liturgy. We hope that you feel at home here; please let us know if we can be of any assistance while you are with us.

**PLEASE NOTE**

SAVE sales will be closed from June 15th to July 3rd

Contact the parish office at 708-448-4861 if you would like a Mass intention for 2025 or 2026.



**Society of St. Vincent de Paul
& Knights of Columbus
FOOD COLLECTION**

Please donate to our ongoing food collection for St. Blase. Donations should be placed on the bench across from the SAVE room. Thank you for your generosity!

NO EXPIRED FOOD PLEASE!



SUPPORT THE WORKS OF THE HOLY FATHER THROUGH THE

Peter's Pence Collection

Next week we will take up the Peter's Pence Collection to support the Universal Church and the work of the Holy See, including the charitable works of Pope Francis. These works benefit our brothers and sisters on the margins of society, including victims of war, oppression, and disasters. Please be generous. Please visit www.obolodisanpietro.va/en.html for more information.

Home Bound or Ill?

If you, or someone you know, are unable to attend Mass and would like to receive communion in their home, please call either Deacon Jim Horton or Deacon Fran Pendergast at 708-448-4861.

**COMMUNION MINISTERS****Saturday, June 28th**

5:00 PM— Rosemary Dziuba, Linda Horton, Mary Ceebin

Sunday, June 29th

7:30 AM— Ruth Macey, Susan Chillmon, Ed Sobczak

9:30 AM— Guido Cadore, Wendy Loftus, Dorothy McCloskey, Ryan Alberts (LG)

11:30 AM— Paul Sullivan, Tom Stuchly

6:00 PM— Michael Collins

READERS**Saturday, June 28th**

5:00 PM— Linda Buchanan

Sunday, June 29th

7:30 AM— Mary Dombrowski

9:30 AM— Debbie Myron, Charlie Smith

11:30 AM— Joan DeVito

6:00 PM— James Clark



SCAN THE QR CODE FOR
INFORMATION ABOUT

-Religious Ed

**-Youth Ministry
(JR High/ High School)**

-Stay and Play



WWW.TRIED-YM.COM



4TH OF JULY PARADE!

ST. ALEXANDER WILL BE PARTICIPATING IN THE PALOS HEIGHTS PARADE.

WE ARE ASKING FOR CANDY DONATIONS. PLEASE DROP OFF TO THE PARISH RECTORY BY JUNE 30TH.

PLEASE HAVE CANDY BE INDIVIDUALLY WRAPPED, NO CHOCOLATE. THANK YOU FOR YOUR SUPPORT!



MASS ANNOUNCEMENTS

If any parish ministry or organization would like to have an announcement made at Mass we ask that you please have the information to the office by noon on Friday. This allows us to compile the books we need for weekend liturgies by the end of Friday. Also, please limit announcements to one or two sentences.

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to get a link to our weekly parish bulletin delivered straight to your inbox! Please visit parishesonline.com and search for our parish to get started today.

PRAY FOR OUR



MILITARY
St. Alexander Parish lists the names of active military of parishioners and their family members in our weekly bulletin. We keep them in our thoughts and prayers as they protect our country and freedom.

If you have a relative who is an active member in the United States Military and would like them listed in the bulletin, contact Nancy at the Parish Office, 448-4861. Please inform us if the service person listed is no longer active in the military at home or abroad.

Our Knights of Columbus Council #14057 would like to offer military families Blue Star Banners. If you would like to receive a Blue Star Banner, please call the Parish Office at 708-448-4861.

Our Members in the Military

Scott Golich - U.S. Navy
Stephen LaPiana - U.S. Army
Matthew Brennan - U.S. Air Force
Andrew Nissen - U.S. Marines
Andrew Cleland - U.S. Army
John Hoban III - U.S. Army
A. Amanda Cleland - U.S. Air Force
Amanda Brennan - U.S. Army
Kyle Hite - U.S. Army
Gino Albergo - U.S. Army
James M. Bilder - U.S. Army
Nicholas Wineman - U.S. Marines
Kate Ridsen - U.S. Navy
Kevin Lewis - U.S. Navy
Michael Lindstrom - U.S. Army
Ryan Graeber - U.S. Marines
Mary Kate Wetzel - U.S. Marines
Chloe Van Witzenburg - U.S. Army
Hanna Van Witzenburg - U.S. Army
Isaac & Veronika Baines - U.S. Navy
Michael D. Faloona - National Guard
Conor Knapp - U.S. Army

Robert Brennan - U.S. Army
Scott Milcarek - U.S. Army
Charles Berglund - U.S. Marines
Patrick Pratl - U.S. Navy
Alan Filipiak - U.S. Navy
Mark Filipiak - U.S. Marines
Joshua Bramlett - U.S. Navy
Matthew Bramlett - U.S. Navy
David Lindstrom - National Guard
Daniel Weakley - U.S. Navy
Stephen Vossler - U.S. Navy
Vito Barraco - U.S. Army
Ryan Grant - U.S. Army
Nicholas Crot - U.S. Marines
Jose Sanchez - U.S. Army
Ben St. Aubin - U.S. Navy
Hunter Leschman - U.S. Navy
Cody Goldman - National Guard
Cameron Smentek - U.S. Army
Judith Hite - U.S. Army
Jake Soukup - U.S. Army

LEGACY PLANNING

Please prayerfully consider remembering our parish when you update your estate plans. These gifts help us to build a solid foundation for the Catholic formation of future generations.

Prepare or update your will or trust today by contacting an attorney. For sample bequest language, contact Fr. Marty at 708-448-4861.

The Nativity of St. John the Baptist Feast Day: June 24th

Jesus called John the greatest of all those who had preceded him: "I tell you, among those born of women, no one is greater than John...." But John would have agreed completely with what Jesus added: "Yet the least in the kingdom of God is greater than he" (Luke 7:28).



E-Giving Made Easy

If you would like to make a one-time electronic donation, please scan this bar code.



Scroll down to "One -Time Gifts" and enter the amount and type of payment. It's that simple!

Low-Gluten Hosts

At the 9:30AM Mass an Extraordinary Minister of Communion will be available with low-gluten hosts. The Extraordinary Minister will be located at the entrance of the ramp which leads to the sanctuary on the side where the statue of our Blessed Virgin is presented.

A Exemplification Ceremony for Parishioner James O'Brien was held in the church on Wednesday, June 11th as he joined the Knights of Columbus at St. Alexander Parish. A representative of the Archdiocese of Chicago was present for the Investiture. A reception for Brother James and his family followed in the Parish Lounge.





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Our Advertisers

MERCY HOME SUNDAY MASS
9:30AM on WGN-TV Channel 9



**St. Alexander
Class of 1975
50 Year Reunion**

The St Alexander's Class of 1975 is planning their 50 year reunion and is looking for members of their graduating class. Please request to join their Facebook Group: St. Alexander's Class of 1975 or send an email to Kathy Lombard Byars at stalsclassof75@gmail.com to be put on the invite list.

Palos Heights Farmers Market
Wednesdays 8am-1pm
May 7-October 8
No Market on July 2
12217 S. Harlem Ave

WORD OF LIFE

“Christ’s blood reveals to man that his greatness, and therefore his vocation, consists in the sincere gift of self. ...It is from the blood of Christ that all draw the strength to commit themselves to promoting life. It is precisely this blood that is the most powerful source of hope, indeed it is the foundation of the absolute certitude that in God’s plan life will be victorious.”

—Pope Saint John Paul II, *Evangelium vitae*

Thanksgiving after Mass

Prayer to the Blessed Virgin Mary

O Mary, Virgin and Mother most holy, behold, I have received your most dear Son, whom you conceived in your immaculate womb, brought forth, nursed and embraced most tenderly.

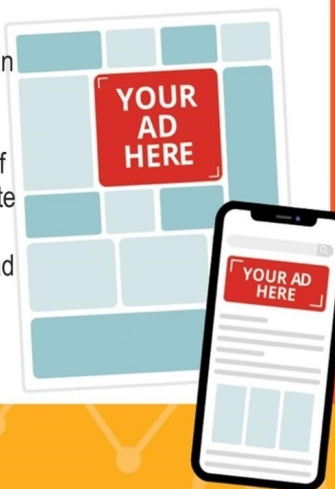
Behold him at whose sight you used to rejoice and be filled with all delight: him, whom, humbly and lovingly, once again I present and offer him to you to be clasped in your arms, to be loved by your heart, and to be offered up to the Most Holy Trinity as the supreme worship of adoration, for your own honor and glory and for my needs and for those of the whole world.

I ask you therefore, most loving Mother: entreat for me the forgiveness of all my sin and, in abundant measure, the grace of serving him in the future more faithfully, and at last, final grace, so that with you I may praise him for all the ages of ages. Amen.

AVAILABLE NOW!
PRINT & DIGITAL AD SPACES

Build your business and help us grow a vibrant faith community!

Jeff Hansen from LPi, our bulletin printer, will be securing new ads for our church in the coming weeks. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our parish bulletin and/or a digital ad featured on ParishesOnline.com.



Jeff Hansen
(800) 950-9952 x2683
JHansen@4lpi.com

Mass Intentions For The Week



THE MOST HOLY BODY AND BLOOD OF CHRIST JUNE 22, 2025

Saturday, June 21st

5:00 PM— Roseanne Amberg Jones
Pat (Jim) O'Hara
Cleo Whisenton

Sunday, June 22nd

7:30 AM— Aggie Palmer, Chet & Thomas Chwierut
Brian Cadore, Colleen J. Nix
Maureen McDonald, John Lahey
Janeen Pikula, Irene Brajner
Thomas J. McInerney
9:30 AM— Raymond & Marion Hunt, John Stephens
Tom & Kathleen Walsh, Michael Gembara
Bunny Rivoli, Victoria McCabe
Tom Gausselin, Paul Domico,
Don & Mary Tadda
11:30 AM— Bronislawa & Stanislaw Kopeck
Anelia & Ludwik Karwaczka
Donahue Family, Mike Hurley
Roseanne Jones—5th Anniversary
6:00 PM— For the Parishioners
Father's Day Novena

Monday, June 23rd

8:30 AM— Kevin Reynolds Sr.
Colleen J. Nix
Chester J. Shure
Father's Day Novena
Richard Budz

Tuesday, June 24th (*The Nativity of St. John the Baptist*)

8:30 AM— Anne Biskoski—3rd Anniversary
Colleen J. Nix
Kevin Kelly—2nd Anniversary
Jennifer Aparo
Eric & Susan Zemich & Family

Wednesday, June 25th

8:30 AM— Colleen J. Nix
Fr. Daniel Tomich—3rd Anniversary
Silvestro Frangello

Thursday, June 26th

8:30 AM— James O'Malley
Colleen J. Nix
Laverne Jeanette Martin
Patricia (Patsy) Sullivan
Sandra Macey—Birthday Blessing

Friday, June 27th (*The Most Sacred Heart of Jesus*)

8:30 AM— Louise A. Schneider
Helen Rose Durack
Colleen J. Nix
Janeen Feldner Pikula
Alex & Lisa Liceaga & Family

Saturday, June 28th (*The Immaculate Heart of the Blessed Virgin Mary; St. Irenaeus*)

8:00 AM— Debra Ann Donohue
Colleen J. Nix
Michael A. Ferro
Chet & Thomas Chwierut
Paul Macey—Healing Intention
3:00 PM— Wedding: Catherine Wildner &
Daniel Walsh

THE SOLEMNITY OF SAINTS PETER AND PAUL JUNE 29, 2025

Saturday, June 28th

5:00 PM— Joseph Sloyan
Catherine Wells
Raymond Schwaller
Margaret Corbett
Gertrude Bochenek
Peter Bochenek
Carol Bochenek
Janeen Pikula
Joan Lynch
Dolores Marcella Schneider

Sunday, June 29th

7:30 AM— Frances & Verle Clair
Aggie Palmer
Colleen J. Nix
Chet & Thomas Chwierut
Irene Brajner
9:30 AM— Raymond & Marion Hunt
Ned & Hannah Hogan
Florence C. Jastrzebowski
Janeen Pikula
James Lamareaux
Dr. Mario Castillo
Don & Mary Tadda
Heidie & Bob Alt—66th Wedding Anniv.
John & Mary McAleer
11:30 AM— Roarke & Chase LaCoursiere
Elaine Marie Cotton
Arlene, Robert Sr., & Jill Sypniewski
Helen Carroll
Patricia Ann O'Connell
6:00 PM— For the Parishioners



Pilgrimage

The app for your Catholic journey

Do you attend Mass regularly, but crave something more?

Using the new Pilgrimage app, you can journey through Scripture with friends, and your group. Your group will have access to a message board, which enables you to ask questions, start discussions, share content and connect with fellow group members, all from within the app. Learn more: www.pilgrimage.americanbible.org/